



**Alzheimer's
Resource
of Alaska**



Caregiver Self Care

Awareness Talk followed by Q&A

Sunday, October 9

1:00 PM - 2:30 PM

Hospice of Homer

265 E. Pioneer Road
Homer, AK 99603

*Free to attend!
Share with friends and family.*

For more information, contact:

Holly, at Hospice of Homer ☎ [907-235-6899](tel:907-235-6899)

Dementia Educator Debbie Chulick, from Alzheimer's Resource of Alaska, will be speaking on Sunday, Oct 9 from 1-2:30 pm at Hospice of Homer, 265 E. Pioneer Road in Homer. The topic will be Caregiver Self Care with a time for Q and A after. Light snacks will be provided.